

Summary of support from Statutory services for Birmingham Families

<https://www.birminghamchildrenstrust.co.uk/>

- What is an Early Help Assessment?
- What is family support? A social worker? Disabled child's social care?
- Support for families with children who need sensory support - contact to support team via Plantsbrook SENCO
- Supporting families with Autism - contact to CAT team via Plantsbrook SENCO

[Support for Parents - Birmingham Education Partnership \(bep.education\)](http://bep.education)

- 3 voiced over sets of slides specifically aimed at parents.
- They cover self-care, anxiety and sleep.
- Letter to parents with further support, including bereavement, abuse
- [BCP Letter to Parents Carers Jan 21.pdf \(mcusercontent.com\)](#)

[Birmingham Children's Partnership - Resources | Birmingham Children's Partnership - Resources | Birmingham City Council](#)

- Emergency food and fuel assistance and early help is available for families
- COVID-19 support
- Family connect

<https://www.forwardthinkingbirmingham.org.uk/>

- Supporting children and young people with their mental health