Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ME		HOMEMADE BEEF BURGER TOPPED WITH CHEESE	CHICKEN ENCHILADAS TOPPED WITH CHEESE AND SERVED WITH SOUR CREAM ALL SERVED WITH SEASON	SPAGHETTI BOLOGNAISE AL VEGETABLES & POTA	CHICKEN CURRY SERVED WITH PILAU RICE TO OR RICE DISH OF THE DA	BREADED FISH FINGERS, CHIPS WITH PEAS & TARTAR SAUCE
PLANT BA VEGETAF	RIAN	ONION BHAJI SERVED WITH MINT AND YOGHURT SAUCE	VEGETARIAN QUORN CHILLI SERVED WITH SAVOURY RICE	BROCCOLI PASTA BAKE	SPINACH AND LENTIL CURRY SERVED WITH PILAU RICE TO OR RICE DISH OF THE DA	CHEESE & TOMATO QUICHE
STREET F		KOREAN CHICKEN BAO BUNS WITH SOUTH ASIAN 'SLAW	VEGETABLE KHATI WRAP LOADED WITH SPICY VEGGIES AND RICE	CHICKEN GYRO PITTAS WITH PEPPERS, TZATZIKI	MEXICAN BEAN SALAD TORTILLA BOWN	LOADED HOT DOGS WITH CHOICE OF CHILLI, MUSTARD & ONIONS
TAKEAW		MEATBALLS ITALINO	SPICY CHICKEN WINGS	CHICKEN ALFREDO	CHILLI BEEF CON CARNE	BBQ CHICKEN WINGS
TUBS FROM	£1.40	PENNE ARRABIATA	ONION BHAJI WITH MINT SAUCE	SPAGHETTI POMODORO	MAC 'N' CHEESE	PASTA BRAVAS
PIZZA SI FROM	LICE £1.25	MARGHERITA	MOZARELLA & PINEAPPLE HAWAIIAN	MARGHERITA SPICY CHICKEN	TOMATO, GREEN CHILLI, MOZZARELLA AMERICAN HOT	MARGHERITA BBQ CHICKEN
JACKETS	From 0.90p	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS	0.65p	BANANA CAKE WITH CHOCOLATE SAUCE	DROP PANCAKES SERVED WITH CHERRY SAUCE & ICE CREAM	KEY LIME PIE	APPLE CRUMBLE & ICE CREAM	BAKEWELL TART

