

Ref: sad/bha

8th January 2024

Dear Parents/Carers,

We hope that you have had an enjoyable break. We are looking forward to welcoming back your daughter for the start of the Spring term on Tuesday 9th January at the normal start time. Classrooms are open from 8.25 and pupils should be on time with their correct equipment for school. **We are starting this term on Week B.**

Please find attached a Measles (MMR) Vaccine Reminder letter from Birmingham City Council.

Important information about measles

What are the symptoms of measles?

- cold-like symptoms such as runny or blocked nose, sneezing and cough
- red, sore watery eyes
- high temperature (fever) which may reach around 40°C / 104°F
- a non-itchy, red-brown rash usually appears 3-5 days later (sometimes starts around the ears before spreading to rest of the body), spots may be raised and join to form blotchy patches which may be harder to see on darker skin tones

What do I do if a child has suspected measles?

- If a child has symptoms of measles, please stay at home. Children should not come to school with any symptoms of measles.
- Advice is available on the NHS website, NHS 111 and from your GP. Please **DO NOT** go to your GP practice or any other healthcare provider instead, phone for advice and say it could be measles.

Yours sincerely

5 Adu

Mrs S Adu Headteacher



04 January 2024

Dear Parents and Carers

Measles (MMR) Vaccine Reminder

There is an increasing number of people with measles in Birmingham. Most of these are young children who have not had their MMR (measles) vaccine.

Measles is a highly infectious disease, which can be very serious. Two doses of the MMR vaccine is the best protection against measles. Over 80% of Birmingham children and adults have had the MMR vaccine. We need everyone protected.

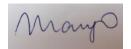
The MMR vaccine is safe for every faith. There is a type of MMR vaccine that does not contain pork gelatine, so it can be used for people who do not touch any pork products. This vaccine is available at every GP practice, and it is free.

Please contact your GP to book an appointment for Measles (MMR) vaccine.

Children and adults can catch up on any missed vaccines. Children should have the first dose at 1 year old and the second dose at 3 years and 4 months old. Two doses of the MMR can provide life-long immunity.

Anyone unvaccinated who is exposed to someone with measles may be advised to isolate for 3 weeks. This would disrupt their learning or work and could happen repeatedly.

Yours sincerely,



Dr Mary Orhewere MBBS MPH FFPH

| Assistant Director, Public Health Division, Birmingham City Council | | | | | |
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| For mo | ore info | rmatio | n visit: Measles - | NHS (www.nhs.uk) | |
| Use this section to record the date and time of your child's vaccination appointment: | | | | | |
| on: | /_ | / | (date) at | am/pm (time). | |