

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chili con Carne & Rice	Chicken Sausage served with Mash & Gravy	Spicy Chicken Breast served with curried roast potatoes & Gravy	Cheese & Potato Pie	Fish Fingers served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN	Vegetable Chili & Rice	Vegetarian Sausage served with Mash & Gravy	Macaroni Cheese	Vegetable Meatballs & Pasta	Vegetable Fingers served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD	Piri Piri Chicken Wrap	Beef Burger with Burger Relish	Beef Burritos	Southern Fried Chicken Panini	Southern fired chicken & Chips
TAKEAWAY TUBS	Nachos & Cheese	Nachos & Cheese	Nachos & Cheese	Nachos & Cheese	Nachos & Cheese
	Penne Arrabiata	Chicken & Vegetable Stir-fry	Penne Arrabiata with Roasted Vegetables	Chicken Nugget Wrap	Macaroni Cheese Pot
PIZZA SLICE	Margarita Hot Chicken	Margarita Veggie Supreme	Margarita Chicken & Sweetcorn	Margarita Hot & Spicy	Margarita Chicken Tikka
JACKETS	TRY OUR DELICIOUS FILLINGS FOR EACH				
DESSERTS	Jam Sponge & Custard	Chocolate Brownie	Banana Cake & Custard	Apple Crumble & Custard	Chocolate Cracknel

Meal Deal

Main Meal
With Vegetables
And Dessert



£2.33

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day