

Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Bolognese & Garlic Bread	Chicken Curry Served with Pilau Rice	Spicy Chicken Breast with curried Roast Potatoes & Gravy	Beef Lasagna served with Garlic bread & Salad	Fish Fingers served with Chips, Peas or Baked Beans
PLANT BASED / VEGETARIAN	Vegetable Mince Pasta Bolognese & Garlic Bread	Spinach & Lentil Curry Served with pilau Rice	Vegetable Stir-fry with Egg Noodles	Vegetarian Lasagna served with Garlic bread & Salad	Vegetable Burger in a Bun served with Chips, Peas, or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD	Greek Style Chicken Flatbread	Vegetable Samosa & Spicy Wedges	Chicken Burger with Salad	Spicy Chicken Panini	Southern fried chicken & Chips
TAKEAWAY TUBS	Tomato & Cheese Pasta	Tomato & Mascarpone Pasta	Nachos & Cheese	Nachos & Cheese	Tomato & Basil Pasta
	Penne Arrabiata	Nachos & Cheese	Penne Arrabiata with Roasted Vegetables	Macaroni Cheese Pot	Nachos & Cheese
PIZZA SLICE	Margarita Pepperoni	Margarita Piri piri	Margarita Chicken & Sweetcorn	Margarita Hot & Spicy	Margarita Chicken Tikka
JACKETS	TRY OUR DELICIOUS FILLINGS FOR EACH				
DESSERTS	Homemade Flapjack	Chocolate Sponge served with Custard	Chocolate Brownie	Apple Crumble & Custard	Lemon Shortbread

Meal Deal

Main Meal
With Vegetables
And Dessert



£2.33

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day